



Fit Out Conference Programme 2017

Theme: “Wellbeing at the Heart of the Fit Out”

08.00 – 08.50: **Registration, Tea/Coffee/Pastries & Exhibition**

Morning Session

08.50 – 09.20: **Chairperson's Address**

Chair: Ann Marie Aguilar, Director of UK/EMEA Client Relations for the WELL Faculty at the IWBI, outlines the business of the day, sets out the main topics of conversation and introduces Keynote Speakers.

Ann Marie will give an overview and context for the rise of Wellness as a driving force in Fit Out world-wide, to include a top line introduction to the WELL Building Standard.

09.20 – 09.50: **Case Study: WELL Certification in Practice**

Ben Allen, Principal, Studio Ben Allen, London (architect)
Alan Fogarty, Sustainability Partner, Cundall (client)

One Carter Lane, London, headquarters of engineering firm, Cundall, was the first building in Europe to gain WELL Building Standard certification (Gold Level)

The achievement was made possible by the close collaboration between Cundall and architect Ben Allen.

In this presentation both architect and client will give their perspective on how they successfully worked through the details of this new building standard in a short design period.

09.50 – 10.00: Q&A

10.00 – 10.30: **Coffee Break, Exhibition & Networking**

10.30 – 10.35: Chair introduces speakers for the next sessions

10.35 – 11.05: **‘Employee Engagement and A Great Place to Work’**

Andrew Howley, lead designer at MCA Architects


Andrew, with wide experience in commercial fit-outs for cutting edge media and technology sectors, will take a look at psychological and sociological influences on trend setting, exploring themes and challenges such as designing for different generations.

11.05 – 11.35: **Wellbeing and Workspace in a Modern Academic Setting**

Dr. Paul Horan, Head of Campus Planning, Dublin Institute of Technology

Paul Horan will address the key factors that ensure Wellness is at the heart of DIT's new Grangegorman Campus, including the challenge to bring all staff into a common shared workspace; designing for natural light and natural ventilation and working with transport providers, health promotion and community engagement.



- 11.35 – 12.05: **The Growth of Biophilic Design**
Oliver Heath, Founder, Heath Design and Industry Expert in Sustainable Architecture
TV presenter, author, spokesperson on sustainable design and leading exponent of Biophilic design, Oliver Heath will share his experiences and the results from a growing body of research to demonstrate how the use of biophilic design – which seeks to strengthen our connection with the natural world - can help create more restorative, recuperative and energising environments in many building types, such as schools, hospitals, homes and offices.
- 12.05 – 12.15: Q&A
- 12.15 – 12.45: **Panel Discussion** – Flooring, Air, Lighting, Fitness and Nourishment - essential wellness ingredients
Led by conference chair Ann Marie Aguilar
Panellists: Oliver Heath, Rocky Wall, Wink Lighting, Carol Bellamy, Art and Antiques Valuer, Andreas Heil, [innen] interior architecture, Kieran Linehan, MD Ayrton Group.
- 12.45 – 12.55: **Chair's Closing Comments, Q&A**
- 12.55 – 13.55: **Networking Luncheon**
- Afternoon Session** *Sponsored by* 
- 14.00 – 14.10: **Introduction to afternoon 'Trend Sessions' by Chair, Justin Treacy.**
Afternoon Chair: Justin Treacy, Creative Director at RKD Architects will highlight the key topics and trends to be discussed and introduces speakers for the afternoon 'Trend Sessions'.
Theme for the afternoon Sessions: Current & Future Fit Out Trends both international and national by sector, to include workplace/office, retail and leisure and hospitality.
- 14.10 – 14.35: **Key trends in office/workplace fit-outs**
Conor MacCabe, Director & Head of Interior Design, Henry J Lyons Architects
- 14.35 – 15.00: **Key Trends in Retail fit-out**
Michelle Hetherington, Creative Director, DJI Design & Construct
- 15.00 – 15.25: **Key Trends in Hotel and Leisure fit-out**
John-Henry Boyle, Principal, 21 Spaces
- 15.25 – 15.50: **The Crystal Ball Panel – Looking to the Future of Fit Out**
Led by Afternoon Chair Justin Treacy
Panellists: **Conor MacCabe**, **Henry J Lyons**, John Henry Boyle, 21 Spaces, Michelle Hetherington, DJI Design & Construct, Angela Connolly, President Interiors Association.
- 15.50 – 16.00: **Chair Justin Treacy:** Overview of afternoon presentations to include Q&A